

# DONATE

Give items to a thrift store with a mission that aligns with your heart. Examples include helping the homeless, women starting over, search and rescue dogs, and helping communities in other countries. There are so many other great missions to support with things you no longer need. Your donation to a great cause makes letting go feel good.



How2GetOrganized.com

206.915.9911

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# TOSS

Junk is just that, don't pass trash on to someone.



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# TO FAMILY

Offering items to family blesses them and it makes **letting go** of items easier and when they pick the item up you don't have to take it anywhere!



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# SELL

Think about selling at a yard sale, Offer Up, Craig's List, MaxSold or other online businesses.



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# KEEP

If you USE an item or NEED it, then KEEP IT.  
Take it with you but (at least) make sure you  
use or need it.



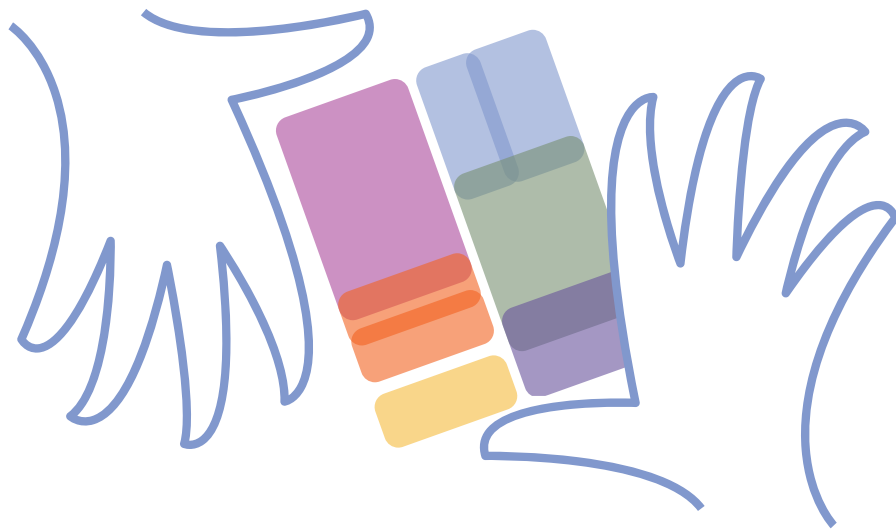
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# TO DECIDE

Need a pile for deciding later if you will keep it? Stack it and then think about it or discuss with partner or a friend. Then decide which pile to move it to. Let go as much as you can.



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